

Centre for

Developmental

Disability

Studies



## 'AGEING IN PLACE' IN DISABILITY SERVICES SOURCEBOOK

The Centre for Developmental Disability Studies (CDDS) has received a grant from the Bernard Judd Foundation (The Hammond Care Group) to develop a Sourcebook about good practice in supporting people to 'age in place' or training providers in philosophy and issues of ageing for people with life-long intellectual and/or physical disabilities.

CDDS is seeking nominations from people who may be implementing good practice in 'ageing in place' for people with life-long disabilities. 'Ageing in place' refers to practices which facilitate the person remaining in their own home as they age and their support needs increase.

People with life-long intellectual and/or physical disabilities are living longer due to improved health and community care such that the life expectancy of people with life-long disabilities is not much less than the population in general. This, coupled with the number of people with life-long disabilities in the 'baby boomer' generation means that this group will form a significant proportion of ageing Australians. Because of their disabilities, many adults with a life-long disability will age in formal supported accommodation services, where they have lived most of their adult lives. These people are particularly vulnerable to being placed in institutional care when their support needs increase beyond the capacity of services to maintain that care.

The purpose of the Sourcebook is to gather and disseminate examples of how best to enable people with life-long disabilities to age in their own community homes. The Sourcebook will be a system whereby services can identify, replicate and support best/innovative practices so they change from being 'isolated best practice' to 'common practice'. The completed Sourcebook will be disseminated actively through workshops and seminars of service providers and will be accessible through the CDDS webpage and newsletter. Its availability will also be advertised through industry newsletters and journals and will be disseminated through appropriate conferences.

If you are currently providing innovative support to people with a life-long disability who are ageing, or if you know of someone else who is, please nominate the practice for inclusion in the Sourcebook.

A **nomination form** is attached to this flyer and you are asked to complete this form and post it to **Angela Dew** at the Centre for Developmental Disability Studies, PO Box 6, Ryde NSW 1680 or **fax it to (02) 9807 7053**. You may also contact Angela on **(02) 8878 0513** (leave a message on the voicemail if Angela is unavailable when you call), or email to <a href="mailto:adew@med.usyd.edu.au">adew@med.usyd.edu.au</a> **Please submit your form by 4/3/02.** 



Centre for

Developmental

Disability

Studies



## 'AGEING IN PLACE' IN DISABILITY SERVICES SOURCEBOOK

## NOMINATION FORM

Please complete this form and send it to Angela Dew, CDDS, PO Box 6, Ryde NSW 1680 or fax it marked to the attention of Angela Dew on (02) 9807 7053.

Name of Nom	inee:
Contact Detai	ls: (telephone, fax, email)
Best days/time	es to contact you:
Are you the period (please circle) Yes	No If No, who is the person responsible?
	Do they know that your are nominating this practice? Yes No
	Please provide their contact details

## **Best Practice Nomination:**

(Please provide a brief description of the practice you are nominating)

<b>Target Group:</b> (Please describe the target group of people who are using the nominated practice e.g. people over 55 years old who have an intellectual disability and live in the Blue Mountains)
Describe the key elements of this practice which assist the recipients to 'age in place'
What documentation/resources are available to demonstrate this practice? (Please provide a list of available documentation/resources e.g. details of videos, policies, brochures etc.)
Why do you think that this practice would be good to share with others? (Please comment on what aspects of the practice would make it useful for others to replicate)
What training to do you provide to your staff in 'ageing in place'?
Thank you for your nomination.